

3 GOOD HEALTH AND WELL-BEING



Dawood UET supports **Good Health and Well-being** through the following initiatives:

1. **MENTAL HEALTH AND WELLBEING COUNSELLOR.** MICRO-DEGREE PROGRAMS WERE OFFERED WITH INTERNATIONAL CERTIFICATIONS IN IOSH.
2. Interactive Session **"The Role of University Faculty - Beyond The Classroom"** & IEEE Power & Energy Society (PES) Day Celebrated at Dawood UET.
3. DUET's Vice Chancellor, conducted a two-day customized workshop on **"Leadership Under Crises – Firm Yet Courteous"** for Airport Security Force (ASF) officers at the National Academy for Aviation Security (NAAS).
4. **DUET's ORIC Department**, conducted a training session on ORIC's role for faculty members of Civil Engineering and Architecture & Planning **to enhance research and innovation.**
5. The Department of Architecture and Planning, Dawood University of Engineering and Technology, Karachi, **participated in the IAPEX 2025 event**, showcasing student work, networking with industry professionals, and securing career opportunities.
6. Dawood UET and the National Highway & Motorway Police (NH&MP) organized **a Road Safety Awareness session**, to educate the university community on safe commuting and traffic regulations.
7. Dawood UET and the Professional Education Foundation (PEF) successfully conducted **a one-day professional and soft skills training program** for final-year students receiving the PEF Scholarship.
8. DUET's Students Affairs department, in collaboration with Meezan Bank, organized an Islamic Banking Awareness Seminar **to educate students on Shariah-compliant banking principles, practices, and career opportunities.**
9. DUET's Architecture and Planning Department, **participated in the Pakistan Construction Summit**, where Dean Prof. Dr. Yasira Naeem Pasha spoke on bridging the skills gap, and students received Certificates of Appreciation for volunteering.

YOUTH ENGAGEMENTS & EVENTS

INTERNATIONAL CONFERENCE AT MUET

(1st August, 2024)

ACADEMIC EXCELLENCE IN ACTION:

Students from the Chemistry Department at Dawood University of Engineering & Technology (DUET), Karachi, recently participated in a conference hosted by Mehran University of Engineering & Technology (MUET), Jamshoro. They presented a poster titled "Exploring Gender Roles in a Political Show," showcasing their research and engaging with experts in the field. This experience not only highlighted their academic prowess but also underscored DUET's commitment to fostering research, critical thinking, and interdisciplinary dialogue. DUET continues to encourage its students to actively contribute to national and international academic forums. By doing so, the university cultivates a culture of knowledge exchange, professional growth, and innovative thinking, ultimately preparing its students to excel in their respective fields.



WORLD MENTAL HEALTH DAY 2024: LET'S PRIORITIZE WELL-BEING! (10th October, 2024)

At Dawood University of Engineering and Technology, we acknowledge the profound impact of mental health on our collective future. As we observe World Mental Health Day, we come together to shatter the stigma surrounding mental health, promote awareness, and support one another in creating a more compassionate and inclusive world.

A Message from Our Vice Chancellor.

Engr. Prof. Dr. Samreen Hussain (T.I), our esteemed Vice Chancellor, extends a heartfelt message: "Mental well-being is the foundation upon which success and innovation are built. By working together, we can cultivate a nurturing environment that supports the emotional and psychological needs of our students, faculty, and the wider community."

Let us seize this opportunity to reflect on our mental health, practice empathy, and foster open

discussions. By doing so, we can build a stronger, more resilient community that values mental well-being and promotes a culture of care and understanding.

